

**A 9-WEEK DEVOTIONAL JOURNEY THROUGH THE FRUIT OF THE SPIRIT.**

PEELED

LOVE | JOY | PEACE | PATIENCE | KINDNESS | GOODNESS | FAITHFULNESS | GENTLENESS | SELF-CONTROL



**BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, PATIENCE,  
KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS, SELF-CONTROL;  
AGAINST SUCH THINGS THERE IS NO LAW. GALATIANS 5:22-23**



**FIRST TRINITY**  
LUTHERAN CHURCH



## 6 Methods of Devotional Bible Study

### **Pronounce It!**

Read through the verse multiple times emphasizing a different keyword each time.

### **Picture It!**

Imagine what it would be like to be each character in the story. How does what they went through apply to your life?

### **Probe It!**

Ask questions about the text such as:

Is there a sin to confess? Is there a promise to claim? Is there an attitude to change? Is there a command to obey? Is there an example to follow? Is there a prayer to pray? Is there an error to avoid? Is there a truth to believe? Is there something to praise God for?

### **Paraphrase It!**

Capture the meaning of the verse and put it into your own words.

### **Personalize It!**

Put your name in the place of pronouns or nouns used in Scripture.

### **Pray It!**

Reword the verses in order to pray them back to God. Ask God to help you do what is commanded in the verse or to experience the blessing He wants to give.

### **Other Questions to Reflect On**

1. How does this verse challenge, comfort, or guide you?
2. Does the truth in this passage enlighten your past, expose anything about your present, or frame your future? If so, how?
3. How does this verse affect how you think about God going forward?
4. What truth does this passage speak to whatever is going on in your life right now?

## **WEEK 1, DAY 1: LOVE**

Read 1 Peter 3:8. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 1, DAY 2: LOVE**

Read Luke 7:36-50. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 1, DAY 3: LOVE**

Read Colossians 3:14. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 1, DAY 4: LOVE**

Read John 13:34-35. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 1, DAY 5: LOVE**

Read 1 John 3:11-24. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 1, DAY 6: LOVE**

Read 1 John 4:7-8. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 1, DAY 7: LOVE**

Read Romans 5:3-5. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 2, DAY 1: JOY**

Read Psalm 43:3-4. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 2, DAY 2: JOY**

Read Psalm 16:11. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 2, DAY 3: JOY**

Read Luke 10:17-20. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.



## **WEEK 2, DAY 4: JOY**

Read Philemon 7. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 2, DAY 5: JOY**

Read Luke 2:10. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 2, DAY 6: JOY**

Read Matthew 28:8. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 2, DAY 7: JOY**

Read Matthew 13:44. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 3, DAY 1: PEACE**

Read Romans 15:13. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 3, DAY 2: PEACE**

Read Isaiah 9:6. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 3, DAY 3: PEACE**

Read Colossians 3:15. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 3, DAY 4: PEACE**

Read Matthew 14:22-33. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 3, DAY 5: PEACE**

Read Romans 8:6. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 3, DAY 6: PEACE**

Read Philippians 4:6-7. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 3, DAY 7: PEACE**

Read John 14:27. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 4, DAY 1: PATIENCE**

Read Hebrews 10:35-36. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 4, DAY 2: PATIENCE**

Read 2 Peter 3:9. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 4, DAY 3: PATIENCE**

Read 1 Timothy 1:15-17. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 4, DAY 4: PATIENCE**

Read Luke 7:36-50. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 4, DAY 5: PATIENCE**

Read Isaiah 40:31. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.



## **WEEK 4, DAY 6: PATIENCE**

Read James 1:2-8. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 4, DAY 7: PATIENCE**

Read Romans 8:25. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 5, DAY 1: KINDNESS**

Read Jeremiah 9:23-24. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 5, DAY 2: KINDNESS**

Read Hosea 11:4. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 5, DAY 3: KINDNESS**

Read Isaiah 12:2-6. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 5, DAY 4: KINDNESS**

Read Matthew 18:1-9. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 5, DAY 5: KINDNESS**

Read Psalm 91:1-4. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 5, DAY 6: KINDNESS**

Read Zephaniah 3:14-17. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 5, DAY 7: KINDNESS**

Read Isaiah 49:14-16. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 6, DAY 1: GOODNESS**

Read Ephesians 2:1-10. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 6, DAY 2: GOODNESS**

Read Titus 3:8. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 6, DAY 3: GOODNESS**

Read 2 Timothy 3:16-17. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 6, DAY 4: GOODNESS**

Read Acts 8:1-4. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 6, DAY 5: GOODNESS**

Read 1 Thessalonians 2:6-8. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 6, DAY 6: GOODNESS**

Read Romans 8:29-30. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 6, DAY 7: GOODNESS**

Read 1 Corinthians 12:7-11. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.



## **WEEK 7, DAY 1: FAITHFULNESS**

Read Psalm 145:13. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 7, DAY 2: FAITHFULNESS**

Read Exodus 34:1-6. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 7, DAY 3: FAITHFULNESS**

Read 2 Timothy 4:7-8. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 7, DAY 4: FAITHFULNESS**

Read Romans 8:31. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 7, DAY 5: FAITHFULNESS**

Read Revelation 1:5-6. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 7, DAY 6: FAITHFULNESS**

Read Mark 9:14-32. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 7, DAY 7: FAITHFULNESS**

Read Romans 3:3-4. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 8, DAY 1: GENTLENESS**

Read Philippians 3:3-11. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 8, DAY 2: GENTLENESS**

Read Titus 3:1-2. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 8, DAY 3: GENTLENESS**

Read Philippians 2:3. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 8, DAY 4: GENTLENESS**

Read James 1:21. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 8, DAY 5: GENTLENESS**

Read Numbers 22:21-38. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 8, DAY 6: GENTLENESS**

Read Psalm 119:71-72. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 8, DAY 7: GENTLENESS**

Read 2 Timothy 2:24-26. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 9, DAY 1: SELF-CONTROL**

Read John 8:32. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 9, DAY 2: SELF-CONTROL**

Read Proverbs 25:28. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.



## **WEEK 9, DAY 3: SELF-CONTROL**

Read 1 Corinthians 6:12. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 9, DAY 4: SELF-CONTROL**

Read Judges 13:1-25. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 9, DAY 5: SELF-CONTROL**

Read 2 Corinthians 10:5. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 9, DAY 6: SELF-CONTROL**

Read James 3:1-12. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

## **WEEK 9, DAY 7: SELF-CONTROL**

Read 2 Peter 1:3-11. Reflect on the passage using one of the six devotional methods of Bible study listed in the front of this resource.

How does this passage apply to your life and what will you do about it?

Pray about this verse.

# VERSE REFERENCE LIST

Exodus 34:1-6 (Week 7, Day 2)  
Numbers 22:21-38 (Week 8, Day 5)  
Judges 13:1-25 (Week 9, Day 4)  
Psalm 16:11 (Week 2, Day 2)  
Psalm 43:3-4 (Week 2, Day 1)  
Psalm 91:1-4 (Week 5, Day 5)  
Psalm 119:71-72 (Week 8, Day 6)  
Psalm 145:13 (Week 7, Day 1)  
Proverbs 25:28 (Week 9, Day 2)  
Isaiah 9:6 (Week 3, Day 2)  
Isaiah 12:2-6 (Week 5, Day 3)  
Isaiah 40:31 (Week 4, Day 5)  
Isaiah 49:14-16 (Week 5, Day 7)  
Jeremiah 9:23-24 (Week 5, Day 1)  
Hosea 11:4 (Week 5, Day 2)  
Zephaniah 3:14-17 (Week 5, Day 6)  
Matthew 13:44 (Week 2, Day 7)  
Matthew 14:22-33 (Week 3, Day 4)  
Matthew 18:1-9 (Week 5, Day 4)  
Matthew 28:8 (Week 2, Day 6)  
Mark 9:14-32 (Week 7, Day 6)  
Luke 2:10 (Week 2, Day 5)  
Luke 7:36-50 (Week 1, Day 2)  
Luke 7:36-50 (Week 4, Day 4)  
Luke 10:17-20 (Week 2, Day 3)  
John 13:34-35 (Week 1, Day 4)  
John 14:27 (Week 3, Day 7)  
John 8:32 (Week 9, Day 1)  
Acts 8:1-4 (Week 6, Day 4)  
Romans 3:3-4 (Week 7, Day 7)  
Romans 5:3-5 (Week 1, Day 7)  
Romans 8:25 (Week 4, Day 7)

Romans 8:29-30 (Week 6, Day 6)  
Romans 8:31 (Week 7, Day 4)  
Romans 8:6 (Week 3, Day 5)  
Romans 15:13 (Week 3, Day 1)  
1 Corinthians 6:12 (Week 9, Day 3)  
1 Corinthians 12:7-11 (Week 6, Day 7)  
2 Corinthians 10:5 (Week 9, Day 5)  
Ephesians 2:1-10 (Week 6, Day 1)  
Philippians 2:3 (Week 8, Day 3)  
Philippians 3:3-11 (Week 8, Day 1)  
Philippians 4:6-7 (Week 3, Day 6)  
Colossians 3:14 (Week 1, Day 3)  
Colossians 3:15 (Week 3, Day 3)  
1 Thessalonians 2:6-8 (Week 6, Day 5)  
1 Timothy 1:15-17 (Week 4, Day 3)  
2 Timothy 2:24-26 (Week 8, Day 7)  
2 Timothy 3:16-17 (Week 6, Day 3)  
2 Timothy 4:7-8 (Week 7, Day 3)  
Titus 3:1-2 (Week 8, Day 2)  
Titus 3:8 (Week 6, Day 2)  
Philemon 7 (Week 2, Day 4)  
Hebrews 10:35-36 (Week 4, Day 1)  
James 1:2-8 (Week 4, Day 6)  
James 1:21 (Week 8, Day 4)  
James 3:1-12 (Week 9, Day 6)  
1 Peter 3:8 (Week 1, Day 1)  
2 Peter 1:3-11 (Week 9, Day 7)  
2 Peter 3:9 (Week 4, Day 2)  
1 John 3:11-24 (Week 1, Day 5)  
1 John 4:7-8 (Week 1, Day 6)  
Revelation 1:5-6 (Week 7, Day 5)